

# **BULLYING IS NEVER ACCEPTABLE**

- Are you feeling uncomfortable? Do you feel like you are being bullied?
- Do you know someone who is being bullied?



- Do not ignore it, talk to -
  - Your advocate teacher
  - Your class teachers
  - A youth worker
  - The school psychologist
  - A member of the College administration



College staff will work with you and together we will stand up for each other and stop bullying in our College.

Four types of bullying:

- Physical bullying
- Verbal bullying
- Covert bullying
- Cyber bullying

Bystander Behaviour - What can you do to help others?

- Tell friends to stop
- Change the subject
- Support person being bullied
- Do not encourage others to be bullies.
- Tell a member of College staff