SEVENOAKS COLLEGE GLUTEN FREE MENU

*** Items listed in red will have gluten and gluten free options… please ask for the gluten free option***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pie.....$4 *Sausage roll.....$3.50* *Rice of the week.... $4*	*Hot chips.....$4* *Chips and gravy..... $4.50*	*Special of the week..$4*	*Pasta of the day..... $4*	

$8 COMBO	$8 COMBO	$8 COMBO	$8 COMBO	$8 COMBO

EVERYDAY HOT FOOD

Soup of the day..... $3

The following options are frozen and only available upon request:-

Spinach and ricotta roll
Quiche
Pasta meal
Fried Rice

Placing your order early will ensure your choice is available and ready when you are :)

EVERYDAY FRESH FOOD

salad bowls (made to order)
Ham, Chicken, Tuna, Egg, Cheese
Lettuce, carrot, tomato, cucumber, beetroot, pineapple, avocado, celery, onion, capsicum etc as available.....from $3

Sushi - Teriyaki chicken, or prawn
5pce.....$5
Vietnamese Rolls $6

Fresh fruit.....asstd prices
Fruit cup.....$1
yogo/yoghurt..... $2.50

Cakes/ muffins/ slices.....from $3

EXTRAS

Rice sticks.....$1
Vege chips.....$1.50
Popcorn.....$1.50

HOT DRINKS

Hot chocolate.....small $2.50
large $3.00
Tea.....small $2
large $2.50
coffee espresso..... $3
long black.....small $3
large $3.50
flat white/ latte/ cappuccino.....
small $3.50
large $4
mocha.....small $4
large $4.50

COLD DRINKS

Water 600ml..... $2
Pump water 750ml..... $3.50
Juice..... small $1.50
med $2.50
Flavoured milk..... small $2.50
large $3.50
Up n go..... small $2.50
large $3.50
Waterfords..... $2.50
Diet Coke/Lemonade..... $3.50
Vitamin water..... $3.50
Iced tea..... $4
Barista..... $4
Powerade..... $4.50

Slushies..... $2.00

Froyoworld frozen yoghurt..... $3.50